

**Stockport Women's Centre
Annual Report and Accounts
For the year ended 31 March 2024**

**Charity Registration No. 1119969
Company Registration No. 06255693 (England and Wales)**



T H E W O M E N ' S C E N T R E

Supporting women in Stockport

STOCKPORT WOMEN'S CENTRE

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Legal and Administrative Information

Trustees:	J Hancock (Chair) H M Scott C Milner H Hoy L Dolling S Harrison M Repanos (appointed May 2023) L Taylor (resigned January 2024) K Day (resigned June 2024)
Charity number	1119969
Company number	06255693
Principal address and registered office	39 Greek Street Stockport Cheshire SK3 8AX
Senior Manager	Nicole Guy
Independent Examiner	Community Accountancy Service Limited The Grange Pilgrim drive Beswick Manchetser M31 3TQ
Bankers	Co-operative Bank 1 St Peters Square Stockport SK1 1NX

The trustees present their report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note to the financial statements and comply with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The Charity's objects ("the objects") are to advance education and relieve poverty and ill health for women and their families within the Stockport area by providing a centre whereby they can access advice, training and support as well as providing an outreach training and support service in the surrounding areas of Stockport

Public Benefit

The trustees confirm, in the light of the guidance contained in the Charity Commission's general guidance on public benefit, that these aims fully meet the public benefit test and that all the activities of the charity, described in the report of the Trustees, are undertaken in pursuit of these aims. Stockport Women's Centre relies on contracts, grants, donations and fundraising to cover its operating costs.

Charitable Activities

Stockport Women's Centre is a specialist community support services for women facing multiple unmet needs. We deliver services to women only, in recognition of the well-evidenced need for gender-specific interventions. We provide holistic, woman-centred, trauma-informed services in a safe space.

We are an effective 'one stop' shop in Stockport for women, delivering front line services to meet the needs of women with multiple unmet needs. The needs have impacted upon their lives and immediate family members. Issues include living with:

- Women's mental health
- Women who are victims of abuse
- Women in contact with the Criminal Justice System
- Socio economic factors such as poverty, social isolation and unemployment

Vision

Women in Stockport are strong and confident

Mission

Stockport Women's Centre provides support to improve the wellbeing, physical and mental health of women, enabling them to improve the life chances for themselves and their families.

Social objectives

- Improve wellbeing, physical and mental health of women
- Build resilience in women

- Increase opportunities for social mobility
- Supporting women to be independent and strong

Delivery objectives

- Provide a safe, confidential, welcoming and nurturing environment for women
- Provide woman-centred services to women with multiple and complex needs
- Deliver a Trauma Informed service

Aims

To improve the mental health and wellbeing of women, improving their ability to provide a better environment in which they and their families can flourish.

- To specifically target Stockport priority areas addressing inequalities that exist and improve access to therapeutic services for women.
- To build relationships with our service users and each other based on trust and respect.
- To provide a safe, confidential, welcoming and nurturing environment for women.
- To promote well-being, confidence and self-esteem amongst staff, volunteers and service users.
- To offer a range of high quality, holistic, personalised services to support women.
- To provide an accessible, non-judgemental and confidential service for Stockport women.
- To encourage, empower and support women to make informed choices to improve their quality of life.
- To maximise opportunities for women in Stockport working in partnership with other organisations who are concerned with the health and support of women.
- To consult with our stakeholders to ensure continual improvement of our services.
- To continually monitor and evaluate our services to ensure that they meet the needs of women.
- To provide opportunities for women to help other women through volunteering, enabling them to learn and develop, and to give something back to the wider community.
- To be an innovative and financially sustainable service to continue to meet all of our aims

We have maintained our crucial role in the community by offering a safe and supportive environment for women of all backgrounds, providing a wide range of resources, services, and programs to address their unique needs and challenges.

Our service delivery continues to recognize the well-documented need for gender-specific interventions, offering a holistic, woman-centred, and trauma-informed approach.

We are privileged and honoured to have supported over 1524 women during the period.

Statistical highlights for 23/24

STOCKPORT WOMEN'S CENTRE

- 1524 women have accessed the service; this has included 613 new women registering with the service and 157 that have re-accessed the service after an absence of 12 months.
- 583 women have received a full need assessment.
- We have received 12569 recorded contacts, on average over 1,040 contacts a month, 68% from the women we support.

	20/21	21/22	22/23	23/24	% increase 20/21 vs 23/24
Members	1136	1082	1279	1524	34%
New Members	302	388	477	613	99.66%
Re-activated	35	184	202	157	894%
Needs Assessment	300	388	506	583	94.33%
Contacts	10557	10761	12712	12569	19.06%
Visitors	262	1436	5096	6094	2225.95%

Since the 20/21 there has been a significant increase in the number of women requiring support, particularly in those accessing or contacting the service. The statistics illustrate how the COVID-19 pandemic affected the number of women attending the service and how delivery shifted from 100% face-to-face to a blended approach. We have continued to offer a blended service, providing support via telephone, online, and face-to-face. However, we have observed a notable rise in the demand for face-to-face services. This is likely because many local services remain remote/online, making us one of the few offering in-person support and daily drop-ins.

As summarised in previous years reports, 2020-21 was a year where the COVID-19 pandemic led to reduced face-to-face interactions as we transitioned to remote/online formats, although we remained open as a safe space and were used by statutory and crisis services to meet with victims of domestic abuse. The year 2021-22 continued to be challenging due to the pandemic, with ongoing restrictions still limiting face-to-face interactions, despite our efforts to provide a safe space for women. In 2022-23, whilst we continued to offer a blended service, face-to-face interactions regained their importance to the women requesting our services, offering unique benefits in terms of personal connection, trust-building, and tailored support. We returned to pre-pandemic levels for face-to-face interactions, although the overall demand for our services significantly increased, along with the complexity of the cases we handle.

2023/24 The service this year has again seen a significant increase in number of new women requesting support, again this increase has corresponded with an increase in complexity. Referrals were up by 30% on the previous year, with the Centre recording record numbers of women attending the service.

Referrals

We are seeing a significant increase in women who self-refer 273% increase. We have one project where we receive a referral direct from the practitioner otherwise, we ask women on registration who signposted/referred them and whilst self-referral continues to be the projects largest referral route, as reported previously many women do not tell us on registration.

Women also continue to be signposted to the Centre through a variety of pathways including Secondary Mental Health Services, GP, Health Visitors, Alcohol and Substance Misuse services, HMP Styal, Greater Manchester Police, Greater Manchester Probations Service, and many others.

Breakdown of referrals for 23/24

- 44.54% Self-Referral
- 31.97% Health Agencies
- 23.49% of women engaging are referred via other agencies including domestic abuse agencies

Identified Needs

583 women attended a full needs assessment.

92% identified as having a mental health need.

71% identifies as having a well-being issue.

69% identified as having an issue with domestic abuse.

27% identified as having issues with children/families and

33% identified as having an issue with finance/debt.

Identified Need at Assessment	23/24
Attitudes/Thinking/Behaviours	79.25
Mental Health/Wellbeing	91.60
Mental Health	88.34
Wellbeing	71.36
Domestic/Sexual Abuse	68.61
Children and Families	27.27
Finance/Benefits/Debt	32.93
Accommodation	28.99
Education/Training/Volunteering/Employment	15.27
Physical Health	40.82
Drugs	6.17
Alcohol	12.69
Sex Work	0.86

Nos of needs reported at assessment	23/24
3 or more needs reported at assessment	87.99%

4 or more needs reported at assessment	75.12%
5 or more needs reported at assessment	55.06%

We have seen significant increases in needs reported at assessment, and we know these are unreported as some women do not disclose at assessment but disclose once a relationship of trust has been built.

In 20/21 41.9% (125) of women reported requiring support with 4 or more needs, by 23/24 this has increased to 75.12%. (416) of women had 4 or more needs.

This highlights another challenge for the Centre, the increase in complexity of women attending the Centre.

Equality Monitoring

During the year, 738 women were included in the equality data collection. We collect equality monitoring data on registration and at assessment if not collected at registration. We collect this data for us to better understand who accesses services and what needs to be considered in the future to make sure our services are provided fairly and easily accessible.

In summary:

46.88% of women who access the service are in the 30-44 age bracket, 19.38% of women are 18-29 and 23.17% 45-59

Whilst 31.98% of women have presented as unemployed, 49.86% are on benefits

Whilst 34.15% identified as having a long-term physical/mental health/health condition/disability only 53.17% of the women said they had a mental health condition. This is contra to the number of women that identified as having a mental health need at assessment.

Interestingly, women did not identify as having a mental health need until assessment. We believe this is because there is still a significant stigma surrounding mental health issues, and women might fear judgment, discrimination, or social exclusion if they disclose their mental health needs. Other reasons are a fear of having children removed due to myths surrounding diagnosis and ability to parent and we are aware that in some cultures discussing mental health is taboo, and women may be discouraged from acknowledging or seeking help for mental health problems.

Ethnic minority groups represent 15.72% of the women who access service.

Both the needs assessment and the equality monitoring continue to evidence that we support and engage with some of the most vulnerable and marginalised women in the Stockport community.

The main activities we have delivered:

One to one work with women who have needed extra support has included.

- 583 women received a full needs assessment of which 71.45% women had 4 or more needs.
- Provided counselling and/or psychotherapy to 260 women with 69 accessing at the end of the year.
- 592 women have accessed 1:1 casework support with 174 accessing at the end of the year
- 238 women have received support from a health worker with 26 accessing support at the end of the year
- Safeguarding support for children and families, risk is identified and managed by the Centre adhering to Stockport Council's Safeguarding Policy, ensuring a multi-agency approach if appropriate.
-

Delivered a wide range of courses which are designed to increase skills to improve education opportunities, employability, social mobility, and self-confidence.

270 women have attended one or more groups including.

74 women attending psycho-educational groups:

- Mindfulness
- Managing Strong Emotions
- Managing Anxiety
- Managing Low Mood
- Knowing Me
- Art Therapy

111 women were offered and accepted a place on a domestic abuse awareness group, 55 women attended with 26 women graduating.

56 women attended workshops on:

- Grounding and Relaxation
- What holds you back?
- Healthy Life
- Life Skills

85 regularly attend activities and these include

- Walking group
- Art and craft
- Scrap booking
- Creative writing

85 women regularly attend groups such as a walking group, art and craft, scrap-booking. All the above groups are offered face-to-face and remote.

The provision of advice and support which includes peer support

1552 visits to the drop-ins were recorded during the period a 114% increase on the previous year.

Access to information and sign-posting – for many local women the Centre provides a trusted source of information including support:

Apart from the drop-ins, we operate a front of house service 9-5 o'clock. We have received 12,569 recorded contacts. Over 68% are from individuals requesting support, signposting.

We have continued to offer women a comprehensive holistic service which encompasses a personalised approach. The women we work with can access one or more of the activities/services at any one time or over a period and this ensures that we can respond not only to the women in high levels of need but also to those who require information or advice and social activities.

Highlights over the past year



- Every woman registering with the Centre has received a welcome pack.
- As well as issuing foodbank vouchers, we provide immediate access to food, toiletries and emergency supplies. We have a clothing bank.
- We have registered as a food organisation and received a 5 star rating to enable us to continue to supply food to women. Due to the cost-of-living crisis the quantities of food we have been supplying has significantly increased.
- Kindly donated by our supporters, we supported 40 women and 73 children with food vouchers for families, toys for children and a gift for Mum for 40 women and 79 children.
- We have been nominated for the Kings Award for Voluntary Service

- Maintained our service BACP accreditation
- As well as hosting research partners including
 - Dame Vera Baird on her inquiry into experiences of abuse and violence of women in custody at the hands of police.
 - HMPS women's thematic inspectorate
 - Revolving Doors
 - United Nations
- We have also hosted round tables with
 - Damian Herd Minister of Justice
 - Kate Green Deputy Mayor of Greater Manchester Combined Authority
- The Centre has been acknowledged in the recently national published Effective Practice Guide working with women following a HMPS thematic inspection on women services.
- We attended a House of Lords event in September, to launch the Women's Risk Needs Assessment tool for women in contact with the criminal justice. The WRNA is embedded as the assessment tool for women in contact with the criminal justice system
- We have been accepted as one of two research sites for the Gendered Well Being Assessment (GWA) which has been developed by the University of Birmingham. Once validated this will be the only tool that is trauma informed 'Quality of Life Assessment' suitable for women with multiple and complex needs who have no prior contact with the criminal justice system.
- Developed corporate partnerships with local businesses that have refurbished 3 of our counselling rooms. The corporates have also supported us by providing food and clothing for women and their families.
- Awarded 2-year funding from Charles Hayward Foundation as a contribution to the salary of the Senior Women's Case worker.

Volunteering

The services are supported by our committed volunteers, 97 volunteers have supported the project over the past year, including 10 corporate volunteers from local organisations.

Volunteers make a huge contribution to the charity, they provide essential support, expand our charities capabilities with their diverse skills set as well as help build a stronger, more engaged community.

The volunteers have many roles in the centre ranging from counsellors, psychotherapists, drop-in workers, art and group facilitators, assessors, and administrators.

Many of our volunteers have lived experience

We currently have 73 volunteers supporting the project.

Staff and Volunteer welfare

A crucial part of the service is the staff and volunteer team which includes supporting staff and volunteer welfare during what has been a challenging time for the charity with significant increases in referrals and resource limitations.

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The service is supported by our dedicated workforce. We employed during the year 19 members of staff. 17 FTE.

Each role within the organisation is vital, without the commitment of staff and volunteers we would not be able to deliver the support services.

Outcomes

All activities and services provided to the women are built upon through an assessment of need. The assessment is important for the service as it helps identify needs, tailor the service, guide evidence-based decision making, address gaps, support advocacy efforts. Assessments provide a foundation for effective and targeted interventions, leading to improved outcomes for women accessing the service.

We continued to involve the people in our community and using existing measures:

- Feedback from the peer groups that continue to meet
- 1:1 interview
- Anonymous service user evaluation at end of activities
- Anonymous equality and diversity forms - See Appendix 'A'
- Feedback from partners when women are not engaging.
- Case Studies See below and 'Appendix 'D' and Appendix 'E'

As well as the evidenced based

- Outcomes Star – distance travelled for women accessing support – this is an evidenced based tool - Appendix 'C'
- WEMWEBS – we use WEMWEBS to evidence the impact of group work
- IAPT Scoring Framework specifically Anxiety and Depression

We have recently embedded into our service the Women's Risk Needs Assessment (WRNA) for women in contact with the criminal justice system. The WRNA is the only validated, peer-reviewed risk/needs assessment instrument specifically designed from the ground up, by and for justice-involved women.

One to one

Casework provides support, after assessment and triage, the support offers goal orientated approaches, advocacy and access to resources, emotional support and informal counselling. Skills development and empowerment. There is the option of long-term support and continuity and confidentiality and trust.

This individualised support can help women:

- address challenges
- achieve their goals,
- navigate complex systems and
- improve overall well-being and quality of life.
- Identify and manage risk

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294 women that accessed the casework support completed an outcome star; the evaluation report asks are women making progress. The results of the evaluation are

In 1+ outcome areas 84% are making progress

In 2+ outcome areas 74% are making progress

In 3+ outcome areas 68% are making progress

Outcome areas in which someone is making progress is 3.6

Please see attached document Appendix 'C' SWC Outcome Star

Counselling has the potential to bring about significant positive changes, supporting individuals in their journey towards emotional healing, personal growth, and improved well-being.

We use the IAPT Scoring Framework specifically Anxiety and Depression to measure the improvements in mental health, looking at statistically reliable improvement.

174 women completed therapy, the recovery rate is 62.6% women, this is higher than the recovery rate anticipated by NHS England.

Safeguarding

Ensuring women are safe is a priority for the service. Safeguarding offers several benefits including prevention of abuse and neglect, promotion of well-being and mental health, building trust and confidence, empowering individuals, strengthening accountability, and creating safer environments.

The service reported 178 safeguarding concerns and incidents 23/24. This is again significantly higher than the previous year 106% increase again evidencing the increase in complexity of women attending the Centre for support.

This year has seen an increase in mental health incidents particularly regarding suicidal ideation. The Head of Services has met with the counselling and psychotherapy manager and training has been booked in to deliver suicide awareness and resilience training to assessors/caseworkers. The aim of the training is to provide support for the team in their roles, and reduce burnout.

Due to the growing demand on the service and the level of complex needs and presenting risk, the Head of Services and senior caseworker meet at the end of each day to review safeguarding issues from that day. This protected time gives them space to reflect and discuss cases, making sure the service operates safely and efficiently.

Staff continue to adhere well to safeguarding policies and procedures. The data shows that the team are skilled at identifying and managing significant risk. The emotional stress of dealing with such challenging situations should not be underestimated, and the planned training will be a useful support for the team.

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Safeguarding plays a crucial role in ensuring the woman's rights, dignity and overall well-being are respected and protected as well as creating a safer environment for the individual and a safer community.

Group work

Psycho-educational Groups

We deliver a range of psycho-educational groups which offer numerous benefits to women by combining psychotherapy and educational elements in a group setting. The groups are closed and delivered in a structured environment. They provide information, skills, support, and social connection for women facing similar challenges. The group is led by trained facilitators covering a range of topics such as stress management, communication skills, coping strategies.

We provide a range of **other groups** that are not psycho-educational but are focussed on a topic such as Domestic Abuse or we have received feedback that there are topics that the women would like to know more about.

The Freedom Programme is an awareness raising support group designed for women who are or have been experiencing domestic abuse. It is a programme designed as an intervention to empower women to make positive choices about their lives by providing information and support within a group setting. 100% of the women that graduated from the programme reported that they had reported a positive change in their lives. In response to women's feedback, this year we have also offered a further programme that follows on from the Freedom Programme called the VOICE which Stands for Victims Of Intimate Coercive Experience. We facilitate a range of other groups such as

- Art and Craft
- Creative Writing
- Scrap Book
- Walking
- Menopause
- Garden Therapy
- Mindfulness and Relaxation

We facilitated an Open Day at the Centre showcasing the work that the women had created. The event was attended by 60 plus women.

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These groups provide numerous benefits, including creative expression, stress relief, social connection, self-exploration, skill development, therapeutic benefits, cognitive stimulation, and a sense of accomplishment. Participating in these activities enhances overall well-being, fosters growth, and contributes to fulfillment and happiness. Group support offers shared understanding, emotional support, empowerment, and a sense of belonging. It broadens perspectives, promotes personal growth, and enhances resilience. By creating a space for solace, peer learning, and shared experiences, group support helps individuals grow together on their journeys toward healing and self-improvement.

Peer learning and feedback are benefits of all the groups. The groups allow women to learn from each other by sharing experiences, insights, successes, and challenges. Individuals gain valuable perspectives and alternative viewpoints. The collective wisdom and shared experiences of group members can be a powerful catalyst for personal transformation.

By improving the wellbeing, physical and mental health of women, women have increased self-confidence and self-esteem and whilst the following quantitative data are not performance indicators it is encouraging to see significant increases year on year of women returning to employment, volunteering and education improving life chances for themselves and their families and contributing to the social and economic development of their communities.

On exit	20/21	21/22	22/23	23/24
Found or returned to employment	36	26	71	83
Returned to or started education	7	11	19	25
Returned to or started volunteering	3	3	9	5

Service Users Evaluation

96% of women completing the survey were satisfied with the service they received.

- 85% said they had experienced positive change in their lives.

The word cloud contains the following terms:

- vulnerable
- techniques
- lovely
- positive
- begin
- understood
- knowledge
- session
- access
- treated
- open
- free
- staff
- personal
- confidence
- time
- welcoming
- environment
- centre
- options
- information
- learn
- sessions
- easy
- women
- fit
- referred
- invaluable
- accessible
- needs
- work
- people
- leaders
- helpful
- emotions
- counselling
- validation
- programme
- realise
- strong
- friendly
- fantastic
- relationship
- satisfied
- friend
- family
- comfortable
- cope
- anything
- option
- chat
- experience
- life
- community
- enjoyable
- polite
- skills
- judgmental
- happy
- guidance
- relevant
- important
- listen
- recognise
- professional
- care
- brilliant
- privately
- discuss
- place
- supported
- quickly
- meet
- attending
- different
- excellent
- process
- talk
- supportive
- listened
- better
- useful
- mind
- nice
- thank
- safe
- service
- need
- great
- covered
- non
- good
- helped
- understanding

- This service is fantastic in providing support to those individuals who could not otherwise afford it. All be it in the short term, it addresses the needs of those vulnerable people who would otherwise have no one to talk to and support. I truly believe that the Women's Centre saves lives; it gives hope to vulnerable women that there is somewhere to turn, people do care and are happy to listen.

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- It is one on one with the same person so can build up trust to open and discuss problems and issues in confidence without fear of being judged. All the staff when you enter SWC are friendly and welcoming which makes a big difference when you suffer from anxiety and depression.
- I always feel comfortable and safe at the Women's Centre. Everyone is friendly, polite and very helpful. You are treated as an equal.
- Everything.
- A lot of support, how to battle through different experiences
- Everything. The experience and knowledge of the staff must be first. Next the contact I had with my case worker and course facilitators has helped me process my experiences in a way that has been safe and kind. I wish that every woman had the support of this centre as they are an amazing team which deserve the highest respect and funding.
- It is a brilliant service for women. Plus, there is other courses on offer to help with all problems.
- It is amazingly free of charge and accessible to everyone.
- Well trained and understanding staff in general. Also, I am from the South Asian community and seeing a counsellor is still a "taboo" subject as many people who I suppose does not really understand, can "label" this in many ways. For me I felt very good and supported and did not feel all the "taboo" effect. I felt during our sessions I could see certain aspects of my circumstances in a different but good and positive way which I did not think of before. Sometimes you need to talk to a third person who is neutral and not a family member, relative or friend.
- Stockport Women's centre have changed my life for the better. The level of support I received was second to none. I couldn't have got through the last two years without them.
- Nothing – great having this service in the local area. Absolutely great.

As well as feedback that is positive, we also ask 'How we can improve the service?'

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Feedback included

- Flexibility of sessions for working women
- Unfortunately, the only way to improve the service for me would've been to have continued sessions, but I know this is not financially viable and others needs support not just me. I'll be forever grateful for the sessions I did receive.
- The waiting times, more funding and staff.
- I don't think there is anything the women's centre can do to improve itself- the government need to put more funding into mental health and women's care to provide increased services and decreased waiting times but that is the government not the centre of course.
- I wish I could have recorded sessions so I could listen to the advice and support given after completing the course. I realise this would not be possible.
- The only thing I can think of is to open later for women that are in work or college so they can go after finish work or college
- Try to shorten the initial waiting times to be seen is the number one thing that could be done. I understand this may have a lot to do with funding, but I am sure that would really be of most beneficial to most people.

Some themes identified last year were not reflected in the feedback this year in particular check in call and making the process clearer. Other themes previously highlighted a requirement for longer opening hours, increased services, reduce waiting times are both still areas of concern, there is recognition by the Centre of capacity and financial limitations.

Interestingly this year we received a lot of positives in the how can we improve the service including...

- Lots of Nothing – Its fantastic
- That's a hard one because I'm honestly really satisfied with all the support I received and will recommend the centre to other women in need of some support.

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- Very impressed with the amount of time given and the quality of the service, can't think of anything that needs improving.
- This is already an amazing service. I am ashamed to say I had never heard of Stockport Women's Centre before my GP suggested I contact you. Thank you for providing this service, I am so grateful for your help.

Main challenge in 2023-24 and how we responded:

We have continued to operate in a challenging environment, from workforce challenges, cost of living crisis, funding challenges and systemic inequities. All these challenges have been coupled within the increase in demand as well as the increase in the number of women presenting with 4 or more needs.

In the last annual report the main challenge had been the increase in the number of women registering and re-accessing the service, with an increase in identified needs. This had been noticeable since August 2022, when an average month referrals and re-activations for the service had been 40 women, to at the end of the year an increase of 20 to 60 a month.

This trend has continued into 23/24 with referrals averaging out at 65 per month together with 75.12% (416) of the women having 4 or more needs.

We are seeing significant increases in the number of needs reported at assessment. and we know some needs are unreported as some women do not disclose at assessment but disclose once a relationship of trust has been built.

We responded by continuing with some of the strategies that was effective the previous year.

- As well as issuing foodbank vouchers, we provided immediate access to food, toiletries and emergency supplies. This is constantly being refilled during the day. We have a clothing bank.
- Due to the cost-of-living crisis the quantities of food we have been supplying has significantly increased. We are now registered as a food organisation and received a 5-star rating to enable us to continue to supply food to women
- At Christmas, we supported 40 women and 73 children with food vouchers for families, toys for children and a gift for Mum for 40 women and 79 children.
- Identified where the pressure points were and secured funding to recruit a duty case worker, based with front of house who can provide support to women in immediate crisis, triaging levels of need for assessment/intervention and decide on the urgency of support needed. taking pressure away from the casework team and providing support and guidance to front of house. Until we had recruited to the post, a part-time caseworker took on additional hours undertaking full needs assessments with those deemed to meet the threshold of needing support quickly. Whilst early days, this role is making a difference e.g. we are seeing a reduction in safeguarding referrals at assessment

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- The counselling team have developed a new group called the Toolbox. This is a psycho-educational group in which, using focused artwork, women create a personal toolbox for coping with distress. Women who have experienced trauma or other stressful life events that cause them to experience difficulties in their day-to-day life and who would benefit from learning stabilisation techniques. This groups supports women to stabilise whilst they are waiting to access support.
- Workshops are offered on a weekly basis and women can access once register and do not have to wait for an assessment.
- All women can access social activities whilst waiting for 1:1 support.

Creating **lasting impact and sustainable change** is still a challenge and continues to be a constant challenge for the service and the sector. Continuity of support and resources behind the lifetime of individual projects is crucial for sustained progress in us reaching our social objectives.

- SWC has continued to be open as a 'space' for women to access support required whether that be face-to-face, telephone or video. We have supported more women in the Centre's history.
- We have provided more practical support to women and their families.
- We have offered a community space for partner agencies to be based to strengthen the 'one stop shop' approach – more agencies are now seeing women at the Centre
- We have offered longer-term support to women with complex and multiple issues.
- We have developed further peer support to promote co-production and strengthen the voices of women. SWC women are now attending focus groups and we will continue to strengthen the Domestic Abuse Partnership and refer more women into the groups enabling their voices/experiences to be heard at the DA Partnership Board level and shape future service provision.
- Develop further the therapeutic group work – as well as developing new groups to meet the needs of women e.g. The Toolbox, more women have accessed therapeutic groups than any other year.

This year we have continued to play a crucial role in the community by providing a safe and supportive environment for women of all backgrounds by offering a wide range of resources, services, and programmes to address the unique needs and challenges faced by women.

Volunteers

The services are supported by our committed volunteers, 102 volunteers have supported the project over the past year. Volunteers make a huge contribution to the charity, providing a wealth of skills, knowledge, and capacity.

The volunteers have many roles in the centre ranging from counsellors, psychotherapists, drop-in workers, art and group facilitators, assessors, and administrators.

STOCKPORT WOMEN'S CENTRE

Our reputation as a charity, which supports women at times of stress and difficulties on their lives, has contributed to never having a shortage of women ready to offer their time to help other women.

We currently have 79 volunteers supporting the project.

Staff

The Women's Centre is fortunate in having such dedicated staff who are passionate about providing outstanding services to women. The trustees would like to express their thanks to the staff for their remarkable commitment to Stockport Women's Centre.

Funding Sources

As well as the many individual supporters we would like to say thank you to the following organisations for supporting the vital work of charity.

- The Zochonis Charitable Trust
- The National Lottery Fund
- The Big Life Group
- The Pilgrim Trust
- Big Life Group
- Greater Manchester Combined Authority
- Stockport Clinical Commissioning Group
- Greater Manchester Women's Support Alliance
- Stockport Metropolitan Borough Council
- The Ministry of Justice
- TMT-Group
- CAF Rail UK
- Manchester Crafty Beer Girls

We remain immensely thankful to all those supporters that have helped us to raise funds needed to meet the full costs of the projects and associate costs of running the project.

Financial Review

The results for the year are shown in the Statement of Financial Activities. The statement shows that income for the year increased from £644,383 to £650,699 with expenditure increasing from £605,494 to £631,303. This has resulted in a net surplus for the year of £19,396.

This leaves funds as at 31st March 2024 totalling £231,225 of which £34,531 is restricted and £196,694 unrestricted.

During the year 22/23, assets were purchased from restricted funding, in particular Ministry of Justice. The balances on the restricted funds (see note 15) represent, in the main, future depreciation. This totals £28,297. These balances will reduce over the next two to nine years, depending upon the type of asset.

STOCKPORT WOMEN'S CENTRE

Like so many charities we continue to face a challenging financial future as there continues to be significant reductions in funding by public bodies and increasing competition for grants and it is becoming harder to secure long term funding to cover the running costs of the Centre.

Reserves Policy

The balance held in unrestricted reserves at 31st March 2024 was £179,072 with £176,030 being free reserves, after allowing for funds tied up in fixed assets. However, not all the reserves are directly available to spend on its charitable activities as the policy of the trustees is to hold sufficient funds for three months typical running costs in case of emergency. The level of reserves is monitored throughout the year as part of the charity's budgetary process.

None of the Trustees has any beneficial interest in the company. All Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Trade Creditors

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

Trade creditors of the company at the year-end were £5,987

Investment Policy and Objectives

The charity does not have an investment policy. When available, funds are held in interest bearing bank accounts to maximise returns.

Remuneration policy

Remuneration for key management is agreed by the Trustees.

Risk Management

The Trustees assume responsibility for ongoing review of the risks facing the organisation. In this context, we define risk as the potential to fail to achieve our objectives and for loss, whether financial or reputational, inherent in the environment in which we operate.

Stockport Women's Centre conducts an ongoing programme of, identifying risks in the following business-critical areas. The Trustees note the following specific areas that give rise to the potential major risk areas for the forthcoming financial year.

STOCKPORT WOMEN'S CENTRE

- Financial
- Human Resources
- Safeguarding
- Relationships and external partnerships

Identified risks are classified as of low, medium or high likelihood and as having small, serious or severe potential to damage the business. Those risks with medium to high chances of occurring and/or with serious to severe potential to damage are listed, monitored and steps taken to mitigate them.

The trustees will consider the potential impact and likelihood of occurrence of these and other risks across the organisation's activities and identify the key controls required. The Board will ensure that next year there is an appropriate control framework in place, recognising that the system of internal control is designed to manage rather than eliminate the risk of failure to achieve the Charity's objectives.

The Trustees consider that Stockport Women's Centre has procedures in place to maintain strong internal controls and are satisfied that the systems of financial control comply in all material aspects with the guidelines issued by the Charity Commission and are operating with sufficient effectiveness to provide reasonable assurance.

Plans for the next 12 months.

We reported at the end of last year's report we had joined the Effective Women's Centre Project as we wanted to be part of the rigorous research that provides the robust evidence that is required to make "systemic change". Providing robust evidence is critical, to influence policy makers, and commissioners to fund women's centres.

We have embedded the WRNA into the service for women in contact with the criminal justice system. We are thrilled to have been accepted as one of only two research sites in England for the Gendered Well-being Assessment. (GWA).

The goal for the Effective Women's Centre and SWC as a member of the EWC is "women, wherever they are in England and Wales, experience sufficiently funded, holistic, person-centred, gender- and trauma-responsive services, meaning women's needs and strengths are recognised, evidenced and met; their voices are listened to; and they have agency to transform the systems which impact them to create better lives for themselves and for society"

We will continue to apply for funding to support the vital services that SWC provides to all women in Stockport and.

- Ensure SWC continues to be open as a 'space' for women to access support required whether that be face-to-face, telephone or video.
- Continue to provide practical support to women and their families e.g., clothing, food.
- Continue to offer a community space for partner agencies to be based to strengthen the 'one stop shop' approach

STOCKPORT WOMEN'S CENTRE

- Offer longer-term support to women with multiple unmet needs.

Structure, governance and management

The charity is a company limited by guarantee.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J Hancock (Chair)
 H M Scott
 C Milner
 H Hoy
 L Dolling
 S Harrison
 M Repanos (appointed May 2023)
 K Day (resigned June 2024)
 L Taylor (resigned January 2024)

Recruitment and Appointment of trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Board of Trustees.

The trustees may from time to time and at any time appoint/coopt any female person as a trustee either to fill a vacancy that may occur or by way of addition to the trustees, provided that the prescribed maximum is not exceeded. Unless otherwise determined by an ordinary resolution of the Charity, the number of Trustees shall not be less than five nor more than nine. Each Trustee shall be appointed for a three year term. At the end of each term a Trustee shall retire from office but may be re-appointed for a maximum of 3 terms. At the end of nine consecutive years a Trustee must retire. If the Trustees are satisfied, in their discretion and taking account of skills and expertise, a Trustee should be reappointed for additional terms, they may reappoint for additional terms, each of which shall be limited for one year.

All members of the Board of Trustees give their time voluntarily and receive no benefits from the charity.

In any effort to maintain a broad skill mix, members of the management committee are requested to provide a list of their skills, and this is updated each year.

Trustee induction and training

When new Trustees are introduced to the Charity, they are given a concise overview of Stockport Women's Centre vision, mission, achievements, and financial performance over the past year. This includes key projects, partnerships, and impact on beneficiaries. They are also provided with a summary of financial statements,

STOCKPORT WOMEN'S CENTRE

including income, expenses, and reserves, along with any notable challenges and strategic goals for the upcoming year.

The induction emphasises the importance of trustees' roles in ensuring the charity's continued success and fulfilling its charitable objectives.

All Trustees are encouraged to attend appropriate training where these will facilitate the undertaking of their role.

Related parties and co-operation with other organisations

Stockport Women's Centre is a member of the Greater Manchester Women's Support Alliance.

STOCKPORT WOMEN'S CENTRE

Statement of trustees' responsibilities

The trustees, who are also the directors of Stockport Women's Centre for the purpose of company law, are responsible for preparing the Annual Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' report was approved on 25th November 2024



J Hancock

Chair

Independent examiner's report to the trustees of STOCKPORT WOMEN'S CENTRE

I report on the accounts of the company for the year ended 31st March 2024, which are set out on pages 26 to 38.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act ;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006, ; and
 - with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

AM King FCCA

A.M. King

Community Accountancy Service Ltd

The Grange, Pilgrim Drive, Beswick, Manchester, M11 3TQ

Date: 25th November 2024

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED
31 MARCH 2024

		Unrestricted Funds	Restricted Funds	Total Funds Year Ended 31 March 2024	Total Funds Year Ended 31 March 2023
	Further Details	£	£	£	£
Income from:					
Donations and legacies	(3)	20,224	-	20,224	12,370
Charitable Activities	(4)	483,209	134,362	617,571	622,391
Other Trading Activities	(5)	12,758	-	12,758	12,695
Other Income		114	-	114	-
Investment Income		32	-	32	17
Total		516,337	134,362	650,699	647,473
Expenditure on:					
Raising Funds	(6)	1,694	-	1,694	398
Charitable Activities	(6)	496,774	132,588	629,362	604,637
Other	(6)	247	-	247	459
Total		498,715	132,588	631,303	605,494
Net income/(expenditure)		17,622	1,774	19,396	41,979
Transfers between funds	(15)	(163)	163	-	-
Net movement in funds		17,459	1,937	19,396	41,979
Reconciliation of funds					
Total funds brought forward	(15)	179,235	32,594	211,829	169,850
Total funds carried forward	(15)	196,694	34,531	231,225	211,829

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 29 to 38 form part of these accounts.

BALANCE SHEET AS AT 31 MARCH 2024

Company registration number: 06255693

	Notes	2024 £	2023 £
Fixed assets:			
Tangible assets	(11)	31,339	32,769
Total fixed assets		<u>31,339</u>	<u>32,769</u>
Current assets:			
Debtors	(12)	5,191	2,462
Cash at Bank & in Hand		362,386	252,243
Total current assets		<u>367,577</u>	<u>254,705</u>
Liabilities:			
Creditors: Amounts falling due within one year	(13)	167,691	75,645
Net current assets or liabilities		<u>199,886</u>	<u>179,060</u>
Total assets less current liabilities		231,225	211,829
Total net assets or liabilities		<u><u>231,225</u></u>	<u><u>211,829</u></u>
The funds of the charity:			
Restricted income funds	(15)	34,531	32,594
Unrestricted income funds	(15)	196,694	179,235
Total charity funds		<u><u>231,225</u></u>	<u><u>211,829</u></u>

For the period in question the company was entitled to the exemption conferred by section 477 of the Companies Act 2006, and that no notice has been deposited under section 476 in relation to its accounts for the financial year; and the directors acknowledge their responsibilities for:

- complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 25th November 2024


J Hancock Chair

The notes on pages 29 to 38 form part of these accounts.

Statement of Cash Flows for the year ending 31 March 2024

Reconciliation of net movement in funds to net cash flow from operating activities

	Year Ended 31 March 2024 £	Year Ended 31 March 2023 £
Net movement in funds	19,396	41,979
Add back depreciation	5,986	4,619
Deduct investment income	(32)	(17)
Decrease/(increase) in debtors	(2,729)	44,124
Increase/(decrease) in creditors	92,046	(37,640)
Net cash used in operating activities	114,667	53,065
Cash flows from investment activities:		
Interest	32	17
Purchase of fixed assets	(4,556)	(37,236)
Net cash provided by investing activities	(4,524)	(37,219)
Increase/(decrease) in cash and cash equivalents during the year	110,143	15,846
Cash and cash equivalents brought forward	252,243	236,397
Cash and cash equivalents carried forward	362,386	252,243

Notes to the accounts for the year ended 31st March 2024**1. Accounting policies****(a) Basis of preparation and assessment of going concern**

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

(b) Funds structure

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed. There are 5 restricted funds.

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Further details of each fund are disclosed in note 15.

(c) Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

(d) Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings. For more information on this attribution refer to note (f) below.

(e) Irrecoverable VAT

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

(f) Allocation of support and governance costs

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to independent examination and legal fees together with an apportionment of overhead and support costs.

Governance costs and support costs relating to charitable activities have been apportioned based on type of expense. The allocation of support and governance costs is analysed in note 8.

(g) Costs of raising funds

The costs of raising funds consists of fundraising activities and marketing.

(h) Charitable Activities

Costs of charitable activities include governance costs and an apportionment of support costs as shown in note 7.

Notes to the accounts for the year ended 31st March 2024

(i) Tangible fixed assets and depreciation

All assets costing more than £550 are capitalised and valued at historical cost. Depreciation is charged on the following basis:

Computers	33% reducing balance
Fixtures and Fittings	33% reducing balance
Leasehold Improvements	33% on cost

(j) Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their varying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

(k) Pensions

The charity currently administers contributions to pension schemes on behalf of individuals. The charity has no liability beyond making its contributions and paying across the deductions.

(l) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(m) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. Related party transactions and trustees' expenses and remuneration

The trustees all give freely their time and expertise without any form of remuneration or other benefit in cash or kind (2023: £nil). Expenses paid to the trustees in the year totalled £nil (2023: £nil).

Trustee Kay Day is also a trustee of Greater Manchester Women's Support Alliance. Funding received during the year amounted to £160,461 (2023: £221,104).

3. Donations and Legacies

	Unrestricted	Restricted	Total Funds	Total Funds
	Year Ended 31	Year Ended 31	Year Ended	Year Ended
	March 2024	March 2024	31 March	31 March
	£	£	2024	2023
Donations and Gifts	6,532	-	6,532	12,370
The Zochonis Charitable Trust Donation	12,000	-	12,000	-
Fundraising	1,692	-	1,692	-
	<u>20,224</u>	<u>-</u>	<u>20,224</u>	<u>12,370</u>

Previous reporting period

	Unrestricted	Restricted	Total Funds
	Year Ended 31	Year Ended 31	Year Ended
	March 2023	March 2023	31 March
	£	£	2023
Donations and Fundraising	12,370	-	12,370
	<u>12,370</u>	<u>-</u>	<u>12,370</u>

Notes to the accounts for the year ended 31st March 2024

4. Income from charitable activities

	Unrestricted	Restricted	Total Funds	Total Funds
	Year Ended 31	Year Ended 31	Year Ended	Year Ended
	March 2024	March 2024	31 March	31 March
	£	£	2024	2023
General grants:				
Coutts Foundation	-	-	-	40,150
Garfield Weston Foundation	-	-	-	5,000
GMCA - Health Project Manager	49,572	-	49,572	46,455
GM WSA	78,508	-	78,508	82,884
GM WSA NHS Counselling	141,661	-	141,661	110,574
GM WSA Ministry of Justice	18,800	-	18,800	3,090
Self Help Services - IAPT	47,850	-	47,850	46,210
Stockport MBC - Domestic Abuse Case Worker	31,159	-	31,159	31,159
Stockport MBC - Community Safety Fund	-	-	-	15,116
Stockport MBC - Senior Case Worker	15,116	-	15,116	-
Stockport MBC - Warm Spaces	-	-	-	1,000
Talk Listen Change	3,000	-	3,000	-
The JABBS Foundation	97,543	-	97,543	1,624
The Zochonis Charitable Trust	-	-	-	12,000
Restricted grants & contracts:				
National Lottery Fund	-	107,094	107,094	126,406
GMCA Ministry of Justice	-	-	-	57,042
GMCA Ministry of Justice - Victims Fund	-	-	-	8,156
GM WSA National Probation	-	-	-	8,889
The Pilgrim Trust	-	27,268	27,268	26,636
	<u>483,209</u>	<u>134,362</u>	<u>617,571</u>	<u>622,391</u>

Notes to the accounts for the year ended 31st March 2024

4. Income from charitable activities

Previous reporting period

	Unrestricted	Restricted	Total Funds
	Year Ended 31	Year Ended 31	Year Ended
	March 2023	March 2023	31 March
	£	£	2023
General grants:			
Coutts Foundation	40,150	-	40,150
Garfield Weston Foundation	5,000	-	5,000
GMCA	46,455	-	46,455
GM WSA	82,884	-	82,884
GM WSA NHS Counselling	110,574	-	110,574
Self Help Services	46,210	-	46,210
Stockport MBC	31,159	-	31,159
Stockport MBC - Community Safety Fund	15,116	-	15,116
Stockport MBC - Warm Spaces	1,000	-	1,000
The JABBS Foundation	1,624	-	1,624
The Zochonis Charitable Trust	12,000	-	12,000
Restricted grants & contracts:			
National Lottery Fund	-	126,406	126,406
GMCA Ministry of Justice	-	57,042	57,042
GMCA Ministry of Justice - Victims Fund	-	8,156	8,156
GM WSA National Probation	-	8,889	8,889
GM WSA Ministry of Justice	-	3,090	3,090
The Pilgrim Trust	-	26,636	26,636
	392,172	230,219	622,391

5. Income from other trading activities

	Unrestricted	Restricted	Total Funds	Total Funds
	Year Ended 31	Year Ended 31	Year Ended	Year Ended
	March 2024	March 2024	31 March	31 March
	£	£	2024	2023
Lettings & Licencing Arrangements	12,758	-	12,758	12,695
	12,758	-	12,758	12,695

Previous reporting period

	Unrestricted	Restricted	Total Funds
	Year Ended 31	Year Ended 31	Year Ended
	March 2023	March 2023	31 March
	£	£	2023
Lettings & Licencing Arrangements	12,695	-	12,695
	2,560	-	12,695

Notes to the accounts for the year ended 31st March 2024

6. Expenditure

	Support services to women £	Year Ended 31 March 2024 £	Year Ended 31 March 2023 £
Expenditure on raising funds:			
Fundraising activities & Events	1,566	1,566	398
Advertising and marketing	128	128	-
	<u>1,694</u>	<u>1,694</u>	<u>398</u>
Expenditure on charitable activities:			
Employment Costs	517,041	517,041	487,919
Sessional Staff	25,706	25,706	17,299
Staff Welfare Support	1,802	1,802	2,317
Catering	2,038	2,038	501
Training	1,253	1,253	4,190
Recruitment & DBS Costs	608	608	1,169
Beneficiary Expenses	1,970	1,970	8,454
Volunteer Expenses	156	156	144
Health & Safety	275	275	1,233
Travel Expenses	2,032	2,032	1,036
Minor Equipment (Insurance Claim Refund)	-	-	(2,807)
Heat, Light & Water	8,094	8,094	6,278
Repairs & Maintenance	9,816	9,816	31,348
Subscriptions	1,425	1,425	907
IT Maintenance	268	268	-
Cleaning & Waste Disposal	1,161	1,161	2,347
Telephone	6,766	6,766	5,134
Rent & Rates	25,054	25,054	23,905
Insurance	2,352	2,352	1,845
Governance and Support Costs	13,185	13,185	4,236
Post, Printing & Stationery	2,374	2,374	2,563
Depreciation	5,986	5,986	4,619
	<u>629,362</u>	<u>629,362</u>	<u>604,637</u>
Other expenditure:			
Sundries	247	247	459
	<u>247</u>	<u>247</u>	<u>459</u>
	<u>631,303</u>	<u>631,303</u>	<u>605,494</u>
Restricted funds		132,588	201,021
Unrestricted funds		<u>498,715</u>	<u>404,473</u>
		<u>631,303</u>	<u>605,494</u>

Notes to the accounts for the year ended 31st March 2024

7. Analysis of expenditure on charitable activities

As per note 6.

8. Allocation of governance and support costs

The breakdown of support costs and how these were allocated between governance and other support costs is shown below:

	General Support	Governance	Total 2024	Basis of apportionment
Independent Examination Fees	-	1,110	1,110	type of expense
Payroll Bureau Charges	866	-	866	type of expense
Software	290	-	290	type of expense
Professional Fees	10,919	-	10,919	type of expense
	<u>12,075</u>	<u>1,110</u>	<u>13,185</u>	

	General Support	Governance	Total 2023	Basis of apportionment
Independent Examination Fees	-	1,080	1,080	type of expense
Payroll Bureau Charges	1,068	-	1,068	type of expense
Software	169	-	169	type of expense
IT Consultancy	1,672	-	1,672	type of expense
Professional Fees	247	-	247	type of expense
	<u>3,156</u>	<u>1,080</u>	<u>4,236</u>	

9. Analysis of staff costs

	Year Ended 31 March 2024 £	Year Ended 31 March 2023 £
Wages and Salaries	461,184	433,528
Redundancy	-	-
Social Security Costs	35,843	34,457
Pension Costs	20,014	19,934
	<u>517,041</u>	<u>487,919</u>
Charitable Activities	517,041	487,919
Support Costs	-	-
	<u>517,041</u>	<u>487,919</u>

The average number of employees during the year was 18 FTE 15 (previous year: 17, FTE 15).

The charity considers its key management personnel comprises the trustees and Chief Executive Officer. The total employment benefits, including employer pension contributions of the key management personnel were £50,110 (previous year: £36,855). No employee has benefits in excess of £60,000 (previous year: none).

10. Independent Examiner Fees

	Year Ended 31 March 2024 £	Year Ended 31 March 2023 £
Independent Examination Fees	1,110	1,080
Other Accountancy Services	-	1,672
	<u>1,110</u>	<u>2,752</u>

Notes to the accounts for the year ended 31st March 2024

11. Tangible Fixed Assets

	Computers	Fixtures and Fittings	Leasehold Improvements	Total
Cost	£	£	£	£
At 1 April 2023	19,833	28,232	40,971	89,036
Additions	4,556	-	-	4,556
At 31 March 2024	24,389	28,232	40,971	93,592
Depreciation				
At 1 April 2023	19,833	26,108	10,326	56,267
Charge for Year	1,520	1,061	3,405	5,986
At 31 March 2024	21,353	27,169	13,731	62,253
NET BOOK VALUE				
At 31 March 2024	3,036	1,063	27,240	31,339
At 31 March 2023	-	2,124	30,645	32,769

12. Analysis of debtors

	2024	2023
	£	£
Debtors	2,240	541
Prepayments	2,951	1,276
Other debtors	-	645
	5,191	2,462

Debtors and prepayments related to restricted funds £nil (2023: £512) and unrestricted funds £5,191 (2023: £1,950)

13. Creditors: amounts falling due within one year

	2024	2023
	£	£
Creditors	5,987	2,058
Short-term compensated absences (holiday pay)	5,241	4,943
Other creditors and accruals	2,225	2,616
Deferred income	154,238	66,028
	167,691	75,645

14. Deferred income

Deferred income comprises grants received in advance.

Balance as at 1 April 2023	66,028
Amount released to income earned from charitable activities	(66,028)
Amount deferred in year	154,238
Balance at 31 March 2024	154,238

Notes to the accounts for the year ended 31st March 2024

15. Analysis of charitable funds

Analysis of movements in unrestricted funds

	Balance at 1 April 2023	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2024
	£	£	£	£	£
General Fund	179,235	516,337	(498,715)	(17,785)	179,072
Designated Funds	-	-	-	17,622	17,622
	179,235	516,337	(498,715)	(163)	196,694

Previous reporting period

	Balance at 1 April 2022	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2023
	£	£	£	£	£
General Fund	166,454	417,254	(404,473)	-	179,235
	166,454	417,254	(404,473)	-	179,235

Name of unrestricted fund:

General Fund

Designated Funds

Description, nature and purpose of the fund

The "free reserves"

Towards the costs of the Complex Needs Caseworker

Analysis of movements in restricted funds

	Balance at 1 April 2023	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2024
	£	£	£	£	£
National Lottery Fund	903	107,094	(101,312)	-	6,685
The Pilgrim Trust	-	27,268	(27,268)	-	-
GMCA Ministry of Justice	30,645	-	(3,405)	-	27,240
GMCA Ministry of Justice - Victims Fund	400	-	(281)	163	282
GM WSA National Probation	646	-	(322)	-	324
	32,594	134,362	(132,588)	163	34,531

As per the descriptions below, the balances on some of these funds represents future depreciation. This is as a result of capital purchases from restricted funds.

Notes to the accounts for the year ended 31st March 2024

15. Analysis of charitable funds

Analysis of movements in restricted funds

Previous reporting period

	Balance at 1 April 2022	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2023
	£	£	£	£	£
National Lottery Fund	3,396	126,406	(128,899)	-	903
GMCA Ministry of Justice	-	57,042	(26,397)	-	30,645
GMCA Ministry of Justice - Victims Fund	-	8,156	(7,756)	-	400
GM WSA National Probation	-	8,889	(8,243)	-	646
GM WSA Ministry of Justice	-	3,090	(3,090)	-	-
The Pilgrim Trust	-	26,636	(26,636)	-	-
	3,396	230,219	(201,021)	-	32,594

Name of restricted fund:

National Lottery Fund

Description, nature and purpose of the fund

to develop support services to women in Stockport. £451 balance on this fund represents future depreciation.

The Pilgrim Trust

to improve the mental health of young women 18-25

GMCA Ministry of Justice

to support reducing women's reoffending specifically to provide auxiliary equipment and capital investment. The balance on this fund represents future depreciation.

GMCA Ministry of Justice - Victims Fund

to support women accessing our service to cope with cost of living crisis. The balance on this fund represents future depreciation.

GM WSA National Probation

to support service improvement for beneficiaries. The balance on this fund represents future depreciation.

Notes to the accounts for the year ended 31st March 2024

16. Analysis of net assets between funds

	Unrestricted funds	Designated funds	Restricted funds	Total 2024
	£	£	£	£
Tangible fixed assets	3,042	-	28,297	31,339
Cash at bank and in hand	338,530	17,622	6,234	362,386
Other net current assets/(liabilities)	(162,500)	-	-	(162,500)
Total	179,072	17,622	34,531	231,225

Previous reporting period

	Unrestricted funds	Designated funds	Restricted funds	Total 2023
	£	£	£	£
Tangible fixed assets	12	-	32,757	32,769
Cash at bank and in hand	252,499	-	(256)	252,243
Other net current assets/(liabilities)	(73,276)	-	93	(73,183)
Total	179,235	-	32,594	211,829

17. Financial Instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised on a transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at an amortised cost using the effective interest method.

18. Lease Commitments

At 31 March 2024 the charity had future minimum lease payments under non-cancellable operation leases in respect of premises. The annual cost is £22,478 and is on a rolling year basis.